



STARTERS

French Onion Soup

Crock...5.99

Boneless Tenders

Plain tenders with Captain Mowatt's Bar Harbor-Que (spicy), or tossed in Shays sweet & spicy sauce, choice of bleu cheese dressing or ranch...9.99

Spicy Gnocchi, Sausage & Fresh Mozzarella

Sautéed gnocchi, hot Italian sausage, pesto, fresh mozzarella...9.99

Mediterranean Nachos

Pesto, Mediterranean salsa (capers, artichoke hearts, sun-dried tomatoes, Kalamata olives, tomatoes, garlic, scallions), mozzarella...11.99
half order...5.99
pulled chicken...2.99

Traditional Nachos

Tomatoes, black beans, black olives, jalapeños, salsa, sour cream, cheddar jack...11.99
half order...5.99
pulled chicken or BBQ pulled pork...2.99

Spinach & Artichoke Dip

Toasted bread & tortilla chips...9.49

Caramelized Pear & Bleu Cheese Quesadilla

Caramelized pears, onions, bleu cheese crumbles, walnuts & honey...8.99
add chicken...2.99

Sweet & Spicy Chicken Quesadilla

Grilled chicken, celery, caramelized onions, cheddar jack, bleu cheese crumbles, Shays sweet & spicy sauce...10.99

Steak & Portabello Quesadilla*

Grilled steak, portabello mushrooms, black beans, cheddar jack, Shays sweet & spicy sauce, mixed greens...11.99

Mediterranean Quesadilla

Grilled chicken, goat cheese, shredded mozzarella, Mediterranean salsa (capers, artichoke hearts, sun-dried tomatoes, Kalamata olives, tomatoes, garlic, scallions)...10.99

Flatbread Plate

Variations of homemade hummus, Naan flatbread, & assorted veggies...9.49

SIDES

Onion Rings...4.99
Coleslaw...1.99
Chips & Salsa...3.99 add guacamole...5.99
Pub Fries...3.99
Sweet Potato Fries...4.99
Portabello Mushroom...2.99
Mixed Vegetables...3.99
Garlic Mashed Potatoes...2.99

NON-ALC BEVERAGES

Coke, Diet Coke, Fanta Orange, Sprite, Ginger Ale, Pink Lemonade
Fresh Brewed Iced Tea...1.99 (free refills)
Perrier Sparkling Water...2.49
Maine Root Bottled Root Beer...3.49

grill pub.

SALADS

Chicken Chop Salad

Grilled chicken, romaine, mixed greens, cucumbers, tomatoes, red onions, fresh mozzarella, house vinaigrette...12.99

Sweet & Spicy Chicken Chop

Sweet & spicy grilled chicken, romaine, mixed greens, cucumbers, tomatoes, red onions, celery, side of ranch or bleu cheese dressing...12.99

Grilled Steak Salad*

Grilled steak tips, romaine, mixed greens, tomatoes, cucumbers, bleu cheese crumbles, sautéed onions, crispy onion rings, house vinaigrette...14.99

Taco Salad

Pulled chicken, mixed greens, romaine, tomatoes, red onion, black olives, black beans, cheddar jack, salsa, sour cream, tortilla chips ...12.99

Mozzarella Salad*

Tomato slices, red onions, fresh mozzarella, mixed greens, house vinaigrette, basil pesto...9.99
1/2 sized...5.99
chicken...2.99
steak tips, sautéed shrimp or blackened salmon...5.99

Dinner Caesar Salad*

Fresh romaine, creamy caesar, parmesan cheese, homemade croutons...9.49
1/2 sized...4.99
chicken...2.99
steak tips, sautéed shrimp, or blackened salmon...5.99

Dinner Garden Bleu Salad*

Romaine, mixed greens, house vinaigrette, tomatoes, onions, cucumbers, bleu cheese crumbles...9.49
1/2 sized...4.99
chicken...2.99
steak tips, sautéed shrimp or blackened salmon...5.99

Cranberry Walnut Salad*

Mixed greens, balsamic vinaigrette, dried cranberries, caramelized onions, walnuts, goat cheese crumbles...9.49
1/2 sized...4.99
chicken...2.99
steak tips, sautéed shrimp, or blackened salmon...5.99

DAILY SPECIALS

After 4:00 pm weekdays & all day Saturdays

MONDAY \$1.50 PBR pounders
TUESDAY \$4.00 Martinis (off the \$5 menu)
WEDNESDAY \$3 Off Pub Meals & \$2.50 Bud drafts
THURSDAY \$3.00 House Wine
FRIDAY Talls for \$malls
SATURDAY Sangria: \$4.00 Glass / \$16.00 Pitcher

Shays Grill Pub

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SANDWICHES

All sandwiches are served with choice of pub fries or coleslaw. Add .99 for sweet potato fries or onion rings. Sub a demi-salad for 1.49.

Shays Steak Bomb

Shaved Certified Angus Beef, roasted red peppers, sautéed onions, mushrooms, pepper jack, toasted ciabatta... 12.99

Pulled Chicken Sandwich

Pulled chicken, bacon, pepper jack, lettuce, tomato, red onion, Sriracha mayo... 11.99

Sweet & Spicy Chicken Sandwich

Deep fried sweet & spicy chicken breast, bacon, cheddar, side of ranch... 11.99

Fried Haddock Sandwich

Beer battered haddock, lemon caper tartar... 12.99

Pulled Pork Sandwich

Braised pork, Captain Mowatt's Bar Harbor-Que sauce (spicy), house-made pickles, topped with crispy onion rings... 11.99

Portabello Sandwich

Portabello mushroom, Mediterranean salsa (capers, artichoke hearts, sun-dried tomatoes, Kalamata olives, tomatoes, garlic, scallions), pesto, mixed greens, red onion, toasted ciabatta, goat cheese and mozzarella... 11.99

Shays Cuban Panini

Roasted Cuban pork, sautéed onions, horseradish mustard, Swiss, house-made pickles, Portuguese roll... 11.99

Roasted Turkey Rachael Panini

Roasted turkey, coleslaw, Swiss, 1000 island, marble rye... 11.99

WRAPS

All wraps served with choice of pub fries or coleslaw. Add .99 for sweet potato fries or onion rings. Sub a demi-salad for 1.49. Choose between white or wheat wrap.

Mozzarella Wrap

Mixed greens, red onion, tomatoes, fresh mozzarella, basil pesto, house vinaigrette... 10.99

Honey Mustard Wrap

Grilled chicken, honey mustard, bacon, lettuce, tomato, onion... 11.99

Southwest Chicken Wrap

Grilled chicken, salsa, black beans, sautéed onions, romaine, cheddar jack... 11.99

Classic Turkey Club Wrap

Roasted turkey, romaine, tomatoes, red onions, bacon, cranberry mayonnaise... 11.99

Pulled Chicken Wrap

Pulled chicken, bacon, romaine, tomato, red onion, guacamole, cheddar jack, ranch... 12.99

*Consumption of raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Shays does not have a gluten-intolerant kitchen and cross-contamination may occur.

BURGERS

1/2 lb. Certified Angus* burgers are served on a toasted artisan bun with lettuce, tomato & onion with choice of pub fries or coleslaw.

Add .99 for sweet potato fries or onion rings
Sub demi-salad for 1.49

Good Ol' Burger*

Classic burger with American... 12.99
Add bacon... .99

Bleu Cheese BBQ Bacon Burger*

Bleu cheese crumbles, Captain Mowatt's Bar Harbor-Que sauce (spicy), bacon... 13.99

Cowboy Burger*

Cheddar cheese, bacon, Captain Mowatt's Bar Harbor-Que sauce (spicy), topped with crispy onion rings... 13.99

Carolina Burger*

Classic burger with pulled pork, coleslaw, pickles, Carolina aioli, cheddar... 15.99

Philly Burger*

Caramelized onions, sautéed mushrooms, cheddar... 13.99

Cali Burger*

Guacamole, cheddar, bacon, house-made pickles... 14.99

Veggie Burger

Locally made Blue Mango veggie burger... 11.99

Turkey Burger

Lettuce, tomato, onion... 11.99
Add cheese... .99

PUB MEALS

(\$3 OFF WED NIGHTS)

Beer Battered Haddock

Fries, coleslaw, lemon caper tartar... 15.99
Sub a demi-salad for starch or veg... 1.49

Pan Seared Gnocchi

Gnocchi sautéed with hot Italian sausage, mixed vegetables, white wine, garlic, butter, parmesan... 13.99

Mediterranean Pasta

Mushrooms, capers, artichoke hearts, sun-dried tomatoes, kalamata olives, tomatoes, scallions, garlic, pesto, spaghetti, parmesan.. 11.99
chicken... 14.99 shrimp... 15.99

Blackened Salmon*

Mixed vegetables, garlic mashed potatoes... 16.99
Sub a demi-salad for starch or veg... 1.49

Grilled Steak Tips*

Steak, horseradish bleu cheese butter, mixed vegetables, garlic mashed potatoes... 15.99
Sub a demi-salad for starch or veg... 1.49

Pulled Pork Plate

Pulled pork topped with onion rings & Captain Mowatt's Bar Harbor-Que (spicy), coleslaw, house-made pickles, french fries... 13.99

Spinach Ravioli

Spinach ravioli, parmesan cream sauce, roasted red peppers, zucchini, mushrooms, bacon, pesto drizzle... 13.99



*All Shays burgers are Certified Angus Beef®

Sub a gluten-free bun for \$2

Add a fried egg to any burger for 1.49