



# SHAYS

## STARTERS

### Haddock Corn Chowder

Cup...4.99 Bowl...5.99

### Boneless Tenders

Plain tenders with Captain Mowatt's Bar Harbor-Que (spicy), or tossed in Shays sweet & spicy sauce, choice of bleu cheese dressing or ranch...9.99

### Spicy Gnocchi, Sausage & Fresh Mozzarella

Sautéed gnocchi, hot Italian sausage, pesto, fresh mozzarella... 10.99

### Mediterranean Nachos

Pesto, Mediterranean salsa (capers, artichoke hearts, sun-dried tomatoes, Kalamata olives, tomatoes, garlic, scallions), mozzarella...11.99  
half order...5.99  
grilled chicken...2.99

### Traditional Nachos

Tomatoes, black beans, black olives, jalapeños, salsa, sour cream, cheddar jack...11.99  
half order...5.99  
grilled chicken or BBQ pulled pork...2.99

### Spinach & Artichoke Dip

Toasted bread & tortilla chips...9.99

### Caramelized Pear & Bleu Cheese Quesadilla

Caramelized pears, onions, bleu cheese crumbles, walnuts & honey...9.99  
add chicken...2.99

### Sweet & Spicy Chicken Quesadilla

Grilled chicken, celery, caramelized onions, cheddar jack, bleu cheese crumbles, Shays sweet & spicy sauce...11.99

### Steak & Portabello Quesadilla\*

Grilled steak, portabello mushrooms, black beans, cheddar jack, Shays sweet & spicy sauce, mixed greens...12.99

### Mediterranean Quesadilla

Grilled chicken, goat cheese, shredded mozzarella, Mediterranean salsa (capers, artichoke hearts, sun-dried tomatoes, Kalamata olives, tomatoes, garlic, scallions)...11.99

### Hummus Plate

Variations of homemade hummus, Naan flatbread, & assorted veggies...9.99

## SIDES

Onion Rings...4.99  
Coleslaw...1.99  
Chips & Salsa...3.99 add guacamole...4.99  
Pub Fries...3.99  
Sweet Potato Fries...4.99  
Portabello Mushroom...2.99  
Mixed Vegetables...3.99  
Garlic Mashed Potatoes...2.99

## NON-ALC BEVERAGES

Coke, Diet Coke, Fanta Orange, Sprite, Ginger Ale, Pink Lemonade  
Fresh Brewed Iced Tea...1.99 (free refills)  
Perrier Sparkling Water...2.49  
Maine Root Bottled Root Beer...3.49

## grill pub. SALADS

### Chicken Chop Salad

Grilled chicken, romaine, mixed greens, cucumbers, tomatoes, red onions, fresh mozzarella, house vinaigrette...12.99

### Sweet & Spicy Chicken Chop

Sweet & spicy grilled chicken, romaine, mixed greens, cucumbers, tomatoes, red onions, celery, side of ranch or bleu cheese dressing...12.99

### Grilled Steak Salad\*

Grilled steak tips, romaine, mixed greens, tomatoes, cucumbers, bleu cheese crumbles, sautéed onions, crispy onion rings, house vinaigrette...14.99

### Blackened Salmon Salad\*

Romaine, mixed greens, pickled red onions, tomatoes, cucumbers, feta, citrus vinaigrette...15.99

### Taco Salad

Grilled chicken, mixed greens, romaine, tomatoes, red onion, black olives, black beans, cheddar jack, salsa, sour cream, tortilla chips ...12.99

### Mozzarella Salad\*

Tomato slices, red onions, fresh mozzarella, mixed greens, house vinaigrette, basil pesto...9.99  
1/2 sized...5.99

### Dinner Caesar Salad\*

Fresh romaine, creamy caesar, parmesan cheese, homemade croutons...9.49

### Dinner Garden Bleu Salad\*

Romaine, mixed greens, house vinaigrette, tomatoes, onions, cucumbers, bleu cheese crumbles...9.49

### Cranberry Walnut Salad\*

Mixed greens, balsamic vinaigrette, dried cranberries, caramelized onions, walnuts, goat cheese crumbles...9.49

## ADD PROTEIN TO SALADS:

chicken...2.99  
portabello mushroom...2.99  
gilled steak tips, sautéed shrimp...5.99  
blackened salmon...6.99

## DAILY SPECIALS

After 4:00 pm weekdays & all day Saturdays

**MONDAY** \$1.50 PBR pounders  
**TUESDAY** \$4.00 Martinis (off the \$5 menu)  
**WEDNESDAY** \$3 Off Pub Meals & \$2.50 Bud drafts  
**THURSDAY** \$3.00 House Wine  
**FRIDAY** Talls for \$smalls  
**SATURDAY** Sangria: \$4.00 Glass / \$16.00 Pitcher

### Shays Grill Pub

18 Monument Square · Portland, ME · 04101 · 207-772-2626  
www.shaysgrillpub.com  
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# SANDWICHES

All sandwiches are served with choice of pub fries or coleslaw. Add .99 for sweet potato fries or onion rings. Sub a demi-salad for 1.49.

## Shays Steak Bomb

Shaved Certified Angus Beef, roasted red peppers, sautéed onions, mushrooms, pepper jack, toasted ciabatta... 13.99

## Sriracha Chicken Sandwich

Grilled chicken breast with pepper jack cheese, sautéed onions, roasted red peppers & Sriracha mayo... \$12.99

## Sweet & Spicy Chicken Sandwich

Deep fried sweet & spicy chicken breast, bacon, cheddar, side of ranch... 12.99

## Fried Haddock Sandwich

Beer battered haddock, lemon caper tartar... 12.99

## Pulled Pork Sandwich

Braised pork, Captain Mowatt's Bar Harbor-Que sauce (spicy), house-made pickles, coleslaw, topped with crispy onion rings... 11.99

## Portabello Sandwich

Portabello mushroom, Mediterranean salsa (capers, artichoke hearts, sun-dried tomatoes, Kalamata olives, tomatoes, garlic, scallions), pesto, mixed greens, red onion, toasted ciabatta, goat cheese and mozzarella... 11.99

## Shays Cuban Panini

Roasted Cuban pork, sautéed onions, horseradish mustard, Swiss, house-made pickles, Portuguese roll... 12.99

## Roasted Turkey Rachael Panini

Roasted turkey, coleslaw, Swiss, 1000 island, marble rye... 12.99

## Tuna Melt

Solid white Albacore, American cheese, house-made pickles, marble rye... 11.99

# WRAPS

All wraps served with choice of pub fries or coleslaw. Add .99 for sweet potato fries or onion rings. Sub a demi-salad for 1.49. Choose between white or wheat wrap.

## Mozzarella Wrap

Mixed greens, red onion, tomatoes, fresh mozzarella, basil pesto, house vinaigrette... 11.99

## Honey Mustard Wrap

Grilled chicken, honey mustard, bacon, lettuce, tomato, onion... 12.99

## Southwest Chicken Wrap

Grilled chicken, salsa, black beans, sautéed onions, romaine, avocado, cheddar jack... 12.99

## Classic Turkey Club Wrap

Roasted turkey, romaine, tomatoes, red onions, bacon, cranberry mayonnaise... 11.99

## Greek Wrap

Grilled chicken, mixed greens, Mediterranean salsa (capers, artichoke hearts, sun-dried tomatoes, Kalamata olives, tomatoes, garlic, scallions), roasted red peppers, feta... 12.99

\*Consumption of raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Shays does not have a gluten-intolerant kitchen and cross-contamination may occur.

# BURGERS

1/2 lb. \*Certified Angus Beef burgers are served on a toasted artisan bun with lettuce, tomato & onion with choice of pub fries or coleslaw.

Add .99 for sweet potato fries or onion rings

Sub demi-salad for 1.49

## Good Ol' Burger\*

Classic burger with American... 12.99

Add bacon... .99

## Bleu Cheese BBQ Bacon Burger\*

Bleu cheese crumbles, Captain Mowatt's Bar Harbor-Que sauce (spicy), bacon... 13.99

## Cowboy Burger\*

Cheddar cheese, bacon, Captain Mowatt's Bar Harbor-Que sauce (spicy), topped with crispy onion rings... 13.99

## Philly Burger\*

Caramelized onions, sautéed mushrooms, cheddar... 13.99

## Cali Burger\*

Guacamole, cheddar, bacon, house-made pickles... 14.99

## Veggie Burger

Locally made Blue Mango veggie burger... 11.99

## Turkey Burger

Lettuce, tomato, onion... 11.99

Add cheese... .99

Add a fried egg to any burger for 1.49

# PUB MEALS

(\$3 OFF WED NIGHTS)

## Beer Battered Haddock

Fries, coleslaw, lemon caper tartar... 15.99

Sub a demi-salad for starch or veg... 1.49

## Pan Seared Gnocchi

Gnocchi sautéed with hot Italian sausage, mixed vegetables, white wine, garlic, butter, parmesan... 13.99

## Mediterranean Pasta

Mushrooms, capers, artichoke hearts, sun-dried tomatoes, Kalamata olives, tomatoes, scallions, garlic, pesto, spaghetti, parmesan... 11.99

chicken... 14.99 shrimp... 15.99

## Blackened Salmon\*

Mixed vegetables, garlic mashed potatoes... 16.99

Sub a demi-salad for starch or veg... 1.49

## Grilled Steak Tips\*

Steak, horseradish bleu cheese butter, mixed vegetables, garlic mashed potatoes... 15.99

Sub a demi-salad for starch or veg... 1.49

## Pulled Pork Plate

Pulled pork topped with onion rings & Captain Mowatt's Bar Harbor-Que (spicy), coleslaw, house-made pickles, french fries... 13.99

## Spinach Ravioli

Spinach ravioli, parmesan cream sauce, roasted red peppers, zucchini, mushrooms, bacon, pesto drizzle... 13.99



\*All Shays burgers are Certified Angus Beef®